

# RIBO-sorb nucleic acid extraction kit



For Professional Use Only

## Instruction Manual

### KEY TO SYMBOLS USED

	Catalogue number		Caution
	Batch code		Sufficient for
	<i>In vitro</i> diagnostic medical device		Use-by Date
	Version		Consult instructions for use
	Temperature limit		GHS02: Flame
	Manufacturer		GHS05: Corrosion
	Date of manufacture		GHS07: Exclamation mark
	Authorized representative in the European Community		

### 1. INTENDED USE

**RIBO-sorb** nucleic acid extraction kit is intended for extraction and purification of RNA and DNA from clinical materials.

#### Indications and contra-indications for use of the reagent kit

RNA/DNA extraction is used in preanalytical stage of *in vitro* diagnostics by nucleic acid amplification techniques (NAT).

### 2. PRINCIPLE AND PROCEDURE

**RIBO-sorb** nucleic acid extraction kit is reagents kit for rapid and efficient manual extraction and purification of RNA from various biological materials. Lysis solution contains chaotropic agent (guanidine thiocyanate) that lyses cells and denaturates cell proteins. The nucleic acids are then sorbed on silica particles. RNA or DNA extracted from biological samples may be used for PCR diagnostic tests.

### 3. CONTENT

**RIBO-sorb** nucleic acid extraction kit is produced in 1 form:

variant 100, **REF** K2-1-Et-100-CE.

Variant 100 include:

Reagent	Description	Volume, ml	Quantity
Lysis Solution	clear liquid from colorless to yellow or pink colour	45	1 vial
Washing Solution 1	colorless clear liquid	40	1 vial
Washing Solution 3	colorless clear liquid	100	1 vial
Washing Solution 4	colorless clear liquid	40	1 vial
Sorbent	suspension from white to beige colour	1,25	2 tubes
RNA-buffer	colorless clear liquid	0.5	10 tubes

Variant 100 is intended for 100 reactions, including controls.

### 4. ADDITIONAL REQUIREMENTS

- Vacuum aspirator with flask for removing supernatant.
- Disposable powder-free gloves and laboratory coat.
- Pipettes (adjustable).
- Sterile RNase-free pipette tips with aerosol filters (up to 200 µl and 1000 µl).
- Vortex mixer.
- Desktop microcentrifuge with rotor for 2 ml reaction tubes (RPM max. 16,000).
- PCR box or Biological cabinet.
- Thermostat for tubes with controlled temperature for 25-100 °C.
- Tube racks.
- Disposable 1.5 ml polypropylene sterile tubes.
- Refrigerator for 2–8 °C.
- Deep-freezer at the temperature from minus 24 to minus 16 °C.
- Reservoir for used tips.

### 5. GENERAL PRECAUTIONS

The user should always pay attention to the following:

- Use sterile pipette filter tips and use a new tip for every procedure.
- Store all extracted positive material (specimens, controls and amplicons) away from all other reagents and add it to the reaction mix in a distantly separated facility.
- Thaw all components thoroughly at room temperature before starting an assay.
- When thawed, mix the components and centrifuge briefly.
- Use disposable protective gloves and laboratory cloths, and protect eyes while samples and reagents handling. Thoroughly wash hands afterwards.
- Do not eat, drink, smoke, apply cosmetics, or handle contact lenses in laboratory work areas.
- Do not use the kit if the internal packaging was damaged or its appearance was changed.
- Do not use the kit if the transportation and storage conditions according to the Instruction Manual were not observed.
- Do not use a kit after its expiration date.
- Dispose of all specimens and unused reagents in accordance with local regulations.
- Samples should be considered potentially infectious and handled in a biological cabinet in compliance with appropriate biosafety practices.
- Clean and disinfect all sample or reagent spills using a disinfectant, such as 0.5% sodium hypochlorite, or another suitable disinfectant.
- Avoid samples and reagents contact with the skin, eyes, and mucous membranes. If these solutions come into contact, rinse the injured area immediately with water and seek medical advice immediately.
- Safety Data Sheets (SDS) are available on request.
- The kit is intended for analysis of specified number of samples (see the section "Content").
- The kit is ready for use in accordance with the Instruction Manual. Use the kit strictly for intended purpose.
- Use of this product should be limited to personnel trained in DNA amplification techniques.
- Workflow in the laboratory must be one-directional, beginning in the Extraction Area and moving to the Amplification and Detection Area. Do not return samples, equipment and reagents to the area where the previous step was performed.

<p><b>Lysis Solution, Washing Solution 1</b></p> <p>Danger</p>	<p>Contains substance: guanidine thiocyanate.</p> <p>H302: Harmful if swallowed. H312: Harmful in contact with skin. H314: Causes severe skin burns and eye damage. H332: Harmful if inhaled. H412: Harmful to aquatic life with long lasting effects.</p> <p>EUH032: Contact with acids liberates very toxic gas.</p> <p>P260: Do not breathe vapours. P264: Wash your hands thoroughly after handling. P273: Avoid release to the environment. P302+P352: IF ON SKIN: Wash with plenty of water. P501: Dispose of contents in accordance with national regulation.</p>
<p><b>Washing Solution 3</b></p> <p>Warning</p>	<p>Contains substance: isopropyl alcohol</p> <p>H226: Flammable liquid and vapour. H319: Causes serious eye irritation. H336: May cause drowsiness or dizziness</p> <p>P210: Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking. P261: Avoid breathing vapours. P264: Wash your hand thoroughly after handling. P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses if present and easy to do – continue rinsing. P403+P233: Store in a well ventilated place. Keep container tightly closed. P501: Dispose of contents in accordance with national regulation.</p>
<p><b>Washing Solution 4</b></p> <p>Danger</p>	<p>Isopropanol EC No 200-661-7 CAS No 67-63-0</p> <p>H225: Highly flammable liquid and vapour. H319: Causes serious eye irritation. H336: May cause drowsiness or dizziness</p> <p>P210: Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking. P261: Avoid breathing vapours. P264: Wash your hand thoroughly after handling. P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses if present and easy to do – continue rinsing. P403+P233: Store in a well ventilated place. Keep container tightly closed. P501: Dispose of contents in accordance with national regulation.</p>

## 6. SAMPLING AND HANDLING

Obtaining samples of biological materials for PCR-analysis, transportation and storage are described in manufacturer's handbook [2]. It is recommended that this handbook is read before starting work.

**RIBO-sorb** nucleic acid extraction kit is recommended for **RNA and DNA** extraction and purification from:

- plasma
- serum
- fecal extract
- cervical or urethral scrapes (swabs)
- urine
- secret of the prostate gland
- saliva
- throat or nasopharynx or fauces swabs (lavages)
- biopsy and autopsy materials after getting of the water phase
- ticks, mosquitoes and ectoparasites (lice and fleas) after getting of the water phase

### Interfering substances and limitations of using test material samples

The information about potential interfering substances and limitations of using test material samples is specified in the Instruction Manual of the PCR kit.

## 7. WORKING CONDITIONS

**RIBO-sorb** nucleic acid extraction kit should be used at 18–25 °C.

## 8. PROTOCOL

### 8.1. RNA and DNA Extraction

1. Warm **Lysis Solution** and **Washing Solution 1** (if stored at 2-8 °C) at the temperature 60-65 °C until crystals disappear.
2. Take required number of 1.5 ml disposable polypropylene tubes including one tube for Negative Control of Extraction (**Negative Control, C-**) and one tube for Positive Control of Extraction (**Positive Control** (RNA or DNA), **PCE**, if provided with the amplification kit).
3. Add **5 µl** of **Internal Control** (if it is provided for analysis of this infectious agent) and then add **450 µl** of **Lysis Solution** to each tube. Mark the tubes.
4. Add **100 µl** of sample to the appropriate tube using pipette tips with aerosol filter. Add **100 µl** of **Negative Control** (provided with the amplification kit) to the tube labeled **C-**. Add **90 µl** of **Negative Control** (provided with the amplification kit) and **10 µl** of **Positive Control** (if it is provided for analysis) to the tube labeled **PCE**.
5. Tightly close all tubes and centrifuge them at 5,000 rpm for 5 s.
6. Thoroughly resuspend **Sorbent** on vortex and add **25 µl** of it into each test tube. Carefully vortex the tubes then leave them in a rack for 1 min. Vortex once again and incubate the tubes for 5 min in a rack.
7. Centrifuge all tubes at 10,000 rpm for 30 s (for sorbent precipitation) and carefully remove supernatant without disturbing the pellet using a vacuum aspirator. Use a new tip for each tube.
8. Add **400 µl** of **Washing Solution 1** into each tube. Vortex thoroughly (until sorbent is fully resuspended) and centrifuge at 10,000 rpm for 30 s. Carefully remove supernatant from each tube without disturbing the pellet using vacuum aspirator. Use a new tip for each tube.
9. Add **500 µl** of **Washing Solution 3** to each tube. Vortex thoroughly until sorbent is fully resuspended. Centrifuge at 10,000 rpm for 30 s. Carefully remove supernatant from each tube using a vacuum aspirator. Use a new tip for every tube.
10. Repeat step 9.
11. Add **400 µl** of **Washing Solution 4** to each tube. Vortex thoroughly until sorbent is fully resuspended. Centrifuge at 10,000 rpm for 30 s. Carefully remove supernatant from each tube using a vacuum aspirator. Use a new tip for every tube.
12. Incubate all tubes with open caps at 60 °C for 12-15 min (to dry the pellet).
13. Resuspend the pellet in **50 µl** of **RNA-buffer**, using tip with aerosol filter. Mix on vortex thoroughly. Incubate for 2-3 min at 60 °C.
14. Centrifuge tubes at 12,000-13,000 rpm for 1 min.

The supernatant contains purified RNA and DNA and is ready to use in reverse transcription reaction or PCR amplification. Be careful not to collect sorbent while taking the solution of DNA and RNA off. If solution is muddy, centrifuge the tube to precipitate the sorbent.

It is recommended to conduct the reverse transcription reaction immediately after extraction and purification of RNA. The amplification can be performed in the day of extraction. The purified RNA can be stored:

- at 2-8 °C for 4 hours;
- at the temperature not more than minus 68 °C for 1 year (carefully transfer supernatant into new sterile tube without disturbing the pellet).

If using the RNA samples for a diagnostic assay, follow the instructions given by the manufacturer.

### 8.2. Amplification

It's recommended to use AmpliSens® PCR amplification kits and REVERTA-L reverse transcription reagents kit.

**NOTE:** Carry out the amplification according to the manufacturer instruction.

## 9. TROUBLESHOOTING

These troubleshooting rules may be helpful in explaining any questions that may arise.

### False negatives with extraction product:

- Degradation of the nucleic acid contained in the sample. It is necessary to use a new sample. Store samples under appropriate conditions.
- Loss of nucleic acid pellet. Carefully discard the washing solution trying not to disturb the nucleic acid pellet.
- Degradation of the extracted nucleic acid. It is necessary to use DNase- and RNase-free plastic.

### False positives with extraction product:

- Contamination during sample extraction. It is necessary to open one test tube at a time. Avoid spilling the contents of the test tube. Always change tips.
- Contamination of the reagents prepared for the step. It is necessary to repeat the test.
- Contamination of the extraction zone by amplicons. It is necessary to clean surfaces and instruments using aqueous detergents, wash lab coats, and replace test tubes and tips in use. Use different laboratory coats in different areas.

If you have any further questions or encounter problems, please contact our Authorized Representative in the European Community.

## 10. TRANSPORTATION

**RIBO-sorb** nucleic acid extraction kit should be transported at 2–8 °C for no longer than 5 days.

## 11. STABILITY AND STORAGE

All components of **RIBO-sorb** nucleic acid extraction kit are to be stored at 2-8°C, when not in use. All components of **RIBO-sorb** nucleic acid extraction kit are to be stable until labeled expiration date. The shelf life of reagents before and after the first use is the same, unless otherwise stated.

## 12. REFERENCES

1. R. Boom, C J Sol, M M Salimans, C L Jansen, P M Wertheim-van Dillen and J van der Noordaa; "Rapid and simple method for purification of nucleic acids." J. Clin. Microbiol. March 1990 vol. 28 no. 3 495-503.
2. Handbook "Sampling, Transportation, and Storage of Clinical Material for PCR Diagnostics", developed by Federal Budget Institute of Science "Central Research Institute for Epidemiology" of Federal Service for Surveillance on Consumers' Rights Protection and Human Well-Being.

## 13. QUALITY CONTROL

In accordance with Federal Budget Institute of Science "Central Research Institute for Epidemiology" ISO 13485-Certified Total Quality Management System, each lot of **RIBO-sorb** nucleic acid extraction kit has been tested against predetermined specifications to ensure consistent product quality.

Please contact our Authorized representative in the European Community if side effects, undesirable reactions, facts and circumstances that pose a threat to the life and health of citizens and medical workers are identified during the use of the reagent kit.

List of Changes Made in the Instruction Manual

VER	Location of changes	Essence of changes
27.12.10 KM	Cover page	The phrase "For Professional Use Only" was added
	Content	New sections "Working Conditions" and "Transportation" were added
		The "Explanation of Symbols" section was renamed to "Key to Symbols Used"
	Stability and Storage	The information about the shelf life of open reagents was added
Key to Symbols Used	The explanation of symbols was corrected	
04.07.11 VV	Cover page, text	The name of Institute was changed to Federal Budget Institute of Science "Central Research Institute for Epidemiology"
31.03.15 ME	5. General precautions, 14. Key to symbols used	Information about hazards was corrected
11.10.17 PM	Through the text	Corrections according to the template
03.10.18 EM	5. General precautions, 14. Key to symbols used	Information about hazards was rewritten according to the Regulation 1272/2008/EC.
08.04.20 MM	Content	The colour of the reagents was specified
21.10.20 KK	Through the text	The text formatting was changed
	Footer	The phrase "Not for use in the Russian Federation" was added
12.03.21 VA	Footer, 3. Content	The information about variant 50, <b>REF</b> K2-1-Et-50-CE was deleted
31.05.22 KK	—	The name, address and contact information for Authorized representative in the European Community was changed
	1. Intended use	"Indications and contra-indications for use of the reagent kit" subsection was added
	5. General precautions	The phrase "for single use" was deleted
6. Sampling and handling	"Interfering substances and limitations of using test material samples" subsection was added	
	13. Quality control	The Authorized representative in the European Community was specified for the contact in case of undesirable effects when using the reagent kit

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